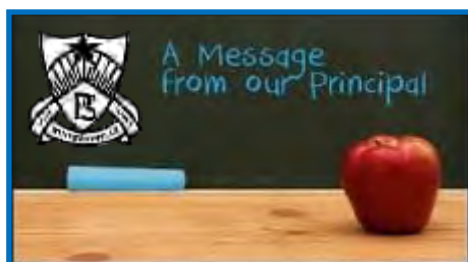


Wentworthville Public School

QUALITY TEACHING TO MAXIMISE STUDENT LEARNING

Term 2 Week 10 2021 Newsletter



From the Principal – Denise Lockrey

Wonderful Happenings at Wenty!

Well we are drawing to the close of another hectic but successful term of learning. The students will be receiving their Semester One report this Friday, June 25. Please discuss with them their successes and use the conversation as an opportunity to consider areas for growth and opportunity into the future! If your child receives a specific comment regarding attendance can you please take particular notice as we want many of our students to improve their attendance in Semester 2, especially the late arrivals (even those 5 mins late each day) add up to reduced learning time over a month, term, year! Whilst we have had our main Semester 1 parent / teacher meetings already, once you have read and digested the report, please contact the class teacher and make a time if you wish to follow up further next term.

We have been working towards our major change into Innovative Learning Environments (ILEs) for Semester 2 for Years 1-6. These year groups will be occupying the new learning spaces next term and we are excited about the learning opportunities ahead for our staff and students. We are planning some parent tours in Term 3 to give you a first-hand look at the new exciting spaces – more on that next term.

(Continued on page 2)

70 - 100 Fullagar Rd
WENTWORTHVILLE NSW 2145 Australia

Phone: 02 9631 8529

Fax: 02 9896 3079



Website: www.wentwthvil-p.schools.nsw.gov.au

Email: wentwthvil-p.school@det.nsw.edu.au

Student Portal: <http://portal.det.nsw.edu.au>

Staffing Updates

- ◆ Ms Megan Nguyen commences as our Early Stage 1 (Kindergarten) Assistant Principal. She will be teaching KG. I would like to thank Mrs Gill for her excellent leadership of the Kindergarten team and KG in Semester 1.
- ◆ Mrs Sue English, one of our SLSOs in the Support Unit moved to the far north coast and has settled in well in her new home and has resigned from her permanent SLSO position. This has created a vacancy that I will be working with the Department to consider our options of filling.
- ◆ Mrs Kirrilly Dabinett – a long term temporary teacher is taking up a professional learning opportunity to work at the Westmead Children's Hospital school as a teacher. She will be missed and especially from KD and 3B. We wish her well.

Schools are dynamic workplaces and as we grow as a school we continue to embrace change! We are very fortunate to have quality casual and temporary personnel to work at WPS when changes in staffing occur.

COVID 19 - DoE Situation Reports

The NSW Government has recently announced new COVID-19 restrictions for Greater Sydney, the Central Coast, Blue Mountains, Wollongong and Shellharbour (as at 23.6.21). This is an emerging situation. The Department is currently working with NSW Health to understand any impacts on schools following this announcement.

I get regular DoE Situation Reports relating to the COVID 19 pandemic and we respond as a community as needed.

I would like to let you know all our school (K-6 and Support) are ready on Google Classroom or MS Teams if needed in preparation for online learning if we need to pivot quickly in COVID operations. The staff have again done a great job in being prepared. I will keep you posted if further communications arise.

I would ask that if you are not already using the Parent Portal that you contact the office and sign up so we can directly communicate with you. Our main forms of communication with families is via:

- ◆ Sentral Parent Portal,
- ◆ Newsletter and
- ◆ Website

If you are checking these formats regularly you will be kept informed.

Denise Lockrey
Principal





Building update!



Mr Wiles and Mr Bertoldi - our hard-working GAs!!

It is indeed action stations this week! Things are being packed up, discarded, recycled, reused and repurposed where possible. As a school we are trying to minimise our waste footprint and have been utilising a range of sources to ensure we can have others benefit from the items we need to remove off site.

The staff and students have been incredibly flexible and working with a growth mindset. Our GAs Mr Wiles and casual GA employed to support the move process, Mr Bertoldi have been diligently working to ensure a smooth operation. They have just been working so very hard and I am very thankful to them both for their diligence in getting it **ALL HAPPENING!** Grindley constructions have continued to work in partnership with us to ensure a smooth operation of getting ready for fences going up in the middle part of the school this Saturday!



Room preparation, furniture arrivals and a view from Level 3!



Many demountables are being removed in the holidays from the school site to free up space for Stage 2 works to commence and playground space start to be reclaimed! We are excited about this! You may well see lots of trucks and cranes and parts of demountables moving throughout the holidays. Please see Works Notification included from Schools Infrastructure that will be distributed to our direct neighbours.



PRINCIPAL AWARDS



Student	Class	Student	Class
Zayan	1A	Akshay	K-6T
Haadiya	2G	Ashvath	2G
Elena	4L	Sahana	3S
Jacob	3M	Manyuush	3M
Yuktha	3M	Mustafa	4O
Loukhya	3M	Archis	3M
Abinav	4L	Subhan	4M
Sarah	4L	***	***



PRINCIPAL BOOK AWARDS



Term 1 and 2 2021

Name	Class	Name	Class
Sarah Steel	4L	Zoya Firdaus	2L
Viviana Bolaky	2M	Mustafa Muhamad	4O
Avani Tangri	2C	Nishka Mehta	4L
Mohammed Ashfan Shiek	5/6G	Tianna Derrick Robinson	2C



SCHOOL CHESS REPORT

This term was the school's inaugural participation in the NSW Junior Chess League Primary Schools Competition. Throughout the term students played home and away games against students from Murray Farm Public School, North Rocks Public School, Toongabbie Christian School and The King's School.



Congratulations to the following students who participated for our school and played so well against more experienced players.

Sarth 3B, Tejaswi 5/6D, Vivaan 5/6D, Parthiv 5/6D, Tanush 5/6D, Nischal 5/6D, Chloe 5/6M, Roneisha 5/6M, Meghana 5/6M, Pranay 5/6M, Keyurita 5/6G, Syon 5/6G, Ashwin 5/6W, Krystal 5/6W, Sid 5/6W, Jaelle 5/6R.

Mr Matheson/Mr Kranenberg
School Chess Coordinators



STEM X Holiday Workshops

8 July, 9 July 2021

University of Technology Sydney, Ultimo
(and UTS Tech Lab, Botany)

<https://bit.ly/32BOAss>

Solve real-world problems using engineering and technology at our holiday workshops for girls aged 8-18.

Join us on UTS campus to start exploring!

Year 3 - 6

Microbit electronics
Lego Mindstorm robots
Code.org App Lab

Year 7 - 9

Drone technology
Civil Engineering
Biomedical Engineering

Year 10 - 12

Robotics and automation
Cyber security
Tech Lab



Wentworthville Public School's Pyjama Day Fundraiser



The SRC reps worked really hard to promote Pyjama Day at Wenty last Thursday. We are very proud to say that because of our very generous school community we managed to raise \$845 for Stewart House.

Students had a lot of fun dressing in their comfy PJs.

Thank you everyone for your donations!!!

By: Archishma (5/6R) and Roniesha (5/6M)



To see more photos please go to the [gallery on our website.](#)



The P&C is planning a Father's Day stall this September. This is a very special occasion for children and their fathers and we believe it's very important for kids to take part.

In order to run this stall the P&C is calling on our parent community for support. Unfortunately we do not have many people to help run the fundraiser. We need your help so we are not forced to cancel this year. Every year the P&C donates money to the school to make purchases for our children's education. We currently do not have a fundraising coordinator on the P&C. Please get in touch if you are interested in this role or in helping out with the Fathers Day stall on the day, even if it's only for 1 hour. Your contributions are greatly appreciated.



You can email the P&C on Wentworthvillepandc@gmail.com

Rozanna Alameddine
Vice-President
WPS P&C Association



Just a reminder to register for the Sentral Parent Portal so you can receive updates about events at our school. Every family has a special code to register. If you have misplaced your code please see the office so we can facilitate this information to be forwarded to you.

Please ensure you activate your notifications in your settings in the Sentral Parent Portal app so you receive an alert each time a message is sent via the Sentral Parent Portal. The Parent portal is the main method of communication for school events and updates.

The Sentral Parent Portal aims to provide parents with access to communication features about daily notices and newsfeeds about school events, send and receive absence notifications and access to our term calendar of school events. When your child is absent you will automatically be sent a notification to provide a response for the absence. Absences can be explained via the Parent Portal app or desktop site.



TRIPLE P POSITIVE PARENTING PROGRAM FEEDBACK FROM OUR PARENTS



Triple P Positive Parenting Program helps parents promote your child's development and communication skills, manage your child's behaviour and emotions, build a good relationship with your child and take care of yourself as a parent. This is a **free** 6 week program and participants **must attend every week in order to receive the Triple P Level 4 Certificate**.

We received some fantastic feedback from our parents who participated in the Triple P Program this term. Here is what our parents had to say:

What did you find most helpful about the Triple P Program?

"Provides guidance to parents. Helpful in understanding children's mindset. Helps to maintain ground rules which helps

both parents and children. Patience is the key towards successful growth for the parent and child."



"I enjoyed and learned a lot about positive parenting from Triple P Program. The materials are very helpful and informative. However, the element or should I say the person I found most helpful was the presenter/trainer, Miss Helen. She shared her real life parenting skills and experiences and also allowed each one of us to share our own. At the same time she linked these experiences with the appropriate points from Triple P materials. I found this engaging training method most effective. Nowadays, we can access any information from online



if we seek. But the team environment and parent to parent engagement that I experienced from this program made it a lifelong memory for me, and also I learnt more as I enjoyed my time."



"The most helpful part of the Triple P Program which I felt is setting some ground rules to a kid, which I did not do it before; hence faced trouble with my kid. Secondly, I think planning ahead the upcoming situations and discussing with whole family are the helpful things which I need to implement. Finally, I felt that the Triple P Program is organised for just 6 weeks which covers all the required points we need ahead. I am happy that I could able to attend all sessions which is



(Continued on page 9)



convenient for many parents since it will not take months together. The video is perfect and made me felt that the problems of kids are normal and there is a solution for it practically."

"How to handle kids in different situations. All parents in the class were facing similar issues with their parenting. It was good to know all their opinions as well as knowing that we are not alone."

"From toddler tantrums to teenage, Triple P Positive Parenting Program helps parents manage the big and small issues that are a normal part of family life. Helps parents raise kids who are co-operative, makes friend easily and do well at school. Helps parents become confident, less stress and get on better with their partners. Parents choose ideas and use strategies that suit their own family needs. More comfortable and flexible joining in zoom conference. It also includes method to promote good behaviour and managing misbehaviour effectively."

"The content is really helpful. The DVD shows real life examples. We can easily relate it with day to day dealing with kids. It really pointed out some good clues that we can put it practice to help grow children nicely."

"Timer, rewards - they were the most helpful. Ms Helen was very helpful to give extra time when I missed some sessions due to work."

She has been paying extra attention to everyone with their personal parenting issues. It was wonderful."

"I found following things the most helpful about this program:

- To look out for a safe environment for my son and set realistic expectations for him.*
- Learn to use assertive discipline*
- Praise my son for good things he does*
- Giving short understandable instructions (not long ones)*
- Spend quality time with him (no matter how short)*
- Plan for activities (helped me in my holidays)*
- Learn how to manage misbehaviours without getting angry (still a work in progress but getting there)*
- Never to ignore your child no matter how busy you are (but to explain them that we will get back to them in 2 to 5 minutes.)"*

This term's Triple P Positive Parenting Program was a great success and it is wonderful to know that it is making a difference in our parents' lives.



OSHClub

Outside School Hours Care



Dear Families/Carers,

WOW it's already the last week of Term 2 for this year and what a fun term we have had. Last week after so many guesses from the children we popped some poppers to reveal Mrs Fay is having a GIRL!! Congratulations Mrs Fay we are so excited for you.



We here at OSHCLUB Wentworthville discussed with the children what clubs they would to participate in during the term and they chose; Cooking Club with Mrs Zoe and Moovosity with Miss Mauren (Sports Club).

Our cooking club saw children make a variety of sweet and savoury foods (vegetarian rice paper rolls, make and design your own cookies, blind food tasting, mini-MasterChef cook off,). Children learnt skills such as washing, peeling, chopping, and grating the vegetables, learning about safety in the kitchen and then tasting yummy foods.



During the term we also held the Moov Games, where students prepared like athletes for 3 weeks of "training" in the lead up for the big finale – the final week of "Moov Games." Students worked individually to achieve their personal best, and in teams to promote positive behaviors and the value of teamwork. Designed by Moovosity's physical education expert with over 20-year's experience, the Moov Games develop core

skills or running, throwing, balancing, and jumping in a safe, fun and rewarding way.

It's a program that caters for all ages and abilities!



**JOIN US FOR SOME FUN BEFORE SCHOOL,
AFTER SCHOOL AND DURING THE HOLIDAYS!**
Exciting new adventures every day.

Book online: oshclub.com.au



Wentworthville Public School

Works notification

24 June 2021

A project is underway to upgrade Wentworthville Public School. The project will deliver upgraded teaching spaces and core facilities, additional permanent teaching spaces, new staff and administration facilities, removal of temporary facilities, improvements to accessibility and a performance space for shared use with the community.

Demountable removal on site

As part of the project, existing demountable classrooms currently on site will progressively be removed from the school starting from the upcoming June school holidays.

The work will take place between Saturday 26 June 2021 and Saturday 17 July 2021. Once the demountables are removed the next stage of the building work will start.

A mobile crane will be onsite for the demountables to be lifted safely around the school site. The mobile crane and construction vehicles will access the school site via the Fullagar Road and Monash Street entrances. Traffic control will be in place during the movement of demountables for the safety of the school, motorists and the local community. Access will be maintained to all residential properties at all times.

State Environmental Planning Policy 2017

The work is proceeding within guidelines of the State Environmental Planning Policy (Educational Establishments and Child Care Facilities) 2017 – Environmental Planning and Assessment Act 1979.

Feedback in relation to this proposal can be addressed to School Infrastructure NSW as per contact details below.

We are here to make sure that work is completed safely and efficiently and we will minimise impacts on the community at every opportunity. Thank you for your patience while we deliver this important school infrastructure.

For more information contact:

School Infrastructure NSW
Email: schoolinfrastructure@det.nsw.edu.au
Phone: 1300 482 651
www.schoolinfrastructure.nsw.gov.au



MACQUARIE
University

Cool Kids Online

INTERNET DELIVERED CHILD AND ADOLESCENT ANXIETY TREATMENT (AGES 7-17 YRS)

Program Tel: 02 9850 6393

E: CKOschools@mq.edu.au

Approximately 1 in 5 young people experiences significant anxiety and fearfulness that affects their daily life. The NSW Department of Education has engaged the Centre for Emotional Health at Macquarie University to offer free access to online treatments for school students who have significant anxiety disorders.

WHAT IS ANXIETY?

There are a range of different types of anxiety experienced by children and teenagers including finding it difficult to be away from parents, being extremely shy, worrying about what others think of them, avoiding social and school activities, or worrying a lot about everyday matters, potential dangers and the future. Sleep difficulties, headaches, nausea and difficulty breathing can be part of these feelings. Many children experience more than one type of anxiety.



BENEFITS OF COOL KIDS ONLINE

- Families can access Cool Kids Online in the comfort of their own homes
- The interactive online format is easy to navigate and engaging for children and young people
- Families receive professional telephone support throughout the program from qualified, experienced therapists
- Cool Kids Online is based on research and has been shown to be effective in reducing anxiety.



WHAT DO THE ONLINE PROGRAMS INVOLVE?

There are 8 modules that contain text, videos, exercises, and illustrations – to teach the youth (and parent) clear and practical skills to help the young person manage their fears and worries and overcome their anxieties. The modules will cover:

- a. Learning about feelings and anxiety
- b. Fighting fear by facing fear
- c. Detective thinking, and learning to think more realistically
- d. Building assertiveness and dealing with teasing
- e. Helpful ways of coping when upset

Families also receive four, 30 minute-telephone sessions with an experienced therapist during the program. These sessions enable parents or youth to **ask questions** about program content and help them **apply the skills** to their fears and worries.

For children in primary school, the program is mostly delivered to their primary caregiver, who then uses it to help their child. For adolescents in high school, the program is directly delivered to the teenager, with some additional support from their caregiver

WHAT DO WE NEED TO DO?

- Eligible families who are referred by a their school counselling team contact Cool Kids team at **02/ 9850-6393** or **CKOschools@mq.edu.au**
- You will first speak to an intake officer who will ask a few basic questions.
- Next you will be given a link to a website where you will receive a series of detailed questions for both the caregiver and the young person to complete. This is an extremely important assessment that tells us whether the program is suitable for your child.
- If the program is suitable, you will receive a call from your allocated therapist who will provide you with a personal login. Four therapy sessions will also be scheduled.
- You and your child will work through the program with support from your therapist over the next 12 weeks.
- At the end of 12 weeks, you will once again be asked to complete the online assessment so that we can see how much your child has improved.

ABOUT US

The Centre for Emotional Health (CEH) is an internationally recognised specialist research centre at Macquarie University in Sydney, Australia. The CEH conducts research to further our understanding of child and adult emotional disorders and to improve methods of assessment and treatment.

The Cool Kids Programs have been developed and evaluated at the CEH over the past 25 years. Cool Kids is a structured, skills-based program that teaches children and their parents how to better manage anxiety. Many scientific studies show that most young people who complete Cool Kids experience significant improvements, with decreases in worry, fear, family distress and life interference.

FIND OUT MORE
Centre for Emotional Health Clinic
Macquarie University NSW 2109 Australia
T: +61 (2) 9850 0693
E: CKOschools@mq.edu.au
W: mq.edu.au/ceh-clinic
CRICOS Provider 00002J



MACQUARIE
University

Nutrition Snippet

Healthy Holidays Guide.

Looking for fun activities for the kids these school holidays?



Check out our free Healthy Holidays Guide that includes lots of ideas to get cooking, get crafty and get moving!

For more information visit healthylunchbox.com.au

[**healthylunchbox.com.au**](https://healthylunchbox.com.au)



Cancer Council
Healthy Lunch Box

INSIGHTS

Common sense strategies for raising girls



As a father of six girls I'm often asked for strategies for raising girls to be happy, responsible and strong. Here are my top five strategies that are relevant for parenting girls of any age.

Help her feel connected

When you connect with your daughter you help her to feel seen, heard and valued, which are vital psychological needs. You connect by helping her feel your delight when she walks into the room. You connect by stopping what you're doing and really listening when she speaks to you, and by ensuring she feels truly worthy and loved.

Help her feel she's enough

On Father's Day 2020, a 12-year-old girl completed a quiz about her dad, answering questions such as "What's your favourite thing to do with your dad?" "What's your favourite memory of your dad?" "What's your favourite song to sing with your dad?"

One question asked her to complete a sentence: "I know my dad loves me because..." His daughter wrote, "Because I'm me, and that's all he wants me to be." Help your daughter feel that she's enough because she is.

Help her navigate friendships with grace

Research highlights that girls have more friendship challenges and experience more relational issues than boys. Girls are more socially oriented. They fight more with words and emotions than boys who tend to fight with their bodies. Girls also ruminate more than boys. While fitting in is important for both genders, girls use social exclusion and relational aggression in unique ways that can really hurt.

If your daughter struggles with friendship issues there are no easy answers, however your attitude will make a huge difference. Gentle conversations that emphasise her value and worth, reinforcing your relationship are important when girls struggle. At some stage ask your daughter to reflect on these questions, "Do I like myself when I'm around those people?" and "Do I feel like I'm being true to who I am when I'm around these people?"

Help her love her body

Most girls want to feel beautiful. It's a parent's job to let them know they are – always. And that beauty comes from the inside. Never talk negatively about your daughter's body. Body shaming doesn't encourage healthier behaviour. It just makes girls want to disappear into the black hole of unworthiness. Remind her that it matters more what she can do with her body than how it looks.

Remember to let go

A parent's job is to prepare them for life without them. You're playing the long game, so the quality of your relationship really matters. Raising them to let them go is hard. But that's just how it should be.

Dr Justin Coulson presents a related webinar: Connecting with teenage daughters

Our school has a membership with Parenting Ideas. As part of this membership, you can attend the upcoming webinar 'Connecting with teenage daughters' at no cost.

About

In this webinar, Dr Justin Coulson (father to 6 daughters) unpacks the science and provides practical real-world advice for parenting teenage daughters. You'll discover what is really going on in their minds, how they really feel and what they wish you knew.

When

23 June 2021 8:00pm AEST

To redeem

1. Click this link: <https://www.parentingideas.com.au/parent-resources/parent-webinars/webinar-connecting-with-teenage-daughters>
2. Click 'Add to cart'
3. Click 'View cart'
4. Enter the coupon code DAUGHTERS and click 'Apply Coupon' Your discount of \$39 will be applied.
5. Click 'Proceed to checkout'
6. Fill in your account details including our school's name to verify your eligibility. These are the details you will use to login to your account and access your webinar and resources
7. Click 'Place Order'

This offer is valid until 23 September 2021. If you're unable to make the broadcast time, just register anyway and you will get access to the recording.



Dr Justin Coulson

Dr Justin Coulson helps families be happier. His Goalcast and TEDx positive parenting videos have been viewed by more than 100 million people. He is the author of 6 books about creating flourishing families and raising resilient children. Justin and his wife, Kylie, are the parents of 6 daughters. Find the Dr Justin Coulson's Happy Families podcast on Apple Podcasts and Spotify. For further details visit www.happyfamilies.com.au