### Wentworthville Public School

QUALITY TEACHING TO MAXIMISE STUDENT LEARNING

Term 3 Week 5 2018 Newsletter





From the Principal – Denise Lockrey

# Wonderful Happenings at Wenty! Open Day – Week 3

On August 8 we had a terrific Open Day celebration during Education Week at Wentworthville Public

School. Please enjoy the photos and I have included part of what I said at our assembly.







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70 - 100 Fullagar Rd WENTWORTHVILLE NSW 2145 Australia

**Phone:** 02 9631 8529

Fax: 02 9896 3079



Website: www.wentwthvil-p.schools.nsw.edu.au

Email: wentwthvil-p.school@det.nsw.edu.au

Student Portal: http://portal.det.nsw.edu.au

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"...Welcome to our families, staff and students – who make this great school what it is today.

As with any partnership we cannot achieve these great endeavours by ourselves – it is about collaboration, communication and cooperation. And this is very much what our 2018 Education Week / Open Day activities represent.



In light of our '25 millionth' citizen being born last night, the theme for

2018 Education Week, *Today's schools – creating tomorrow's* world is so very relevant.

I am a proud leader and Principal of Wentworthville PS and representative of Public Education in NSW. As you participate in today's activities, visit classrooms, visit the hall and view amazing

artwork, visit the library and

purchase books from the Book Fair and participate in our P&C activities...you will see firsthand that the school values learning and providing the students at Wentworthville with



many
opportunities to
succeed in
Today's schools
-whilst creating
tomorrow's
world.



The teachers and support staff are equipping young people with the skills and capabilities they need to thrive in a rapidly changing, globalized world. We too at Wentworthville with our building upgrade are changing rapidly!



By creating future-focused learning spaces that integrate advanced technology and promote connection and collaboration, the classroom is expanding beyond the traditional four walls. Just yesterday Mrs Di Chio and I had a meeting regarding landing new demountables for growth and we have

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the opportunity of securing 3 double rooms for the grass area which will promote collaborative practice.

Through all of this change and growth we need to keep **building strong relationships**. By building strong relationships in our school communities, we are ensuring that every student is known, valued and cared for.

**Growth mindset** is a core value of what we do as we progress as a school – I have this phrase on my white board and look at it

daily as it reminds me always of what I need to be mindful of as I lead this school. By developing a growth mindset, our students have the potential to become lifelong-learners equipped with the resilience to embrace challenges, the skills to reach higher levels of achievement and the adaptability to master new learning..."

Denise Lockrey - Principal





- ★ Years 3-6 Girls only Australian
   Girls Choir workshop on August
   28 at Break 1
- ★ P&C Colourthon note All Students



#### A wonderful opportunity for all Years 2-6 Girls

#### Girls interested in joining the Australian Girls Choir workshop

australian girls choir

This year 'The Australian Girls Choir' workshop will be held at our school during first break on Tuesday 28<sup>th</sup> August 2018.

Information flyers have been given out to the girls in our school in years 2 to 6 with more information. Parents, please fill in details and return the permission slip on the flyer to the school before the day, if you are interested in having your daughter involved in the workshop.

Thank you

Miss Chamoun



#### Athletics Carnival 2018 – an update from Mrs Boersma

The 2018 Athletics Carnival was a fantastic day for our school community. The weather was amazing. The students demonstrated good sportsmanship and an enthusiastic attitude towards participating in a range of events. Thank you to the P&C for providing canteen facilities and also to the many parents who came along to support their children. Well done to all participants for their contribution to the house point competition. House points were given to students for each event in which they participated, demonstrating sportsmanship, supporting their house and finally for being placed first, second or third in an event.

4<sup>th</sup> place – Lawson

3<sup>rd</sup> place - Kendall

2<sup>nd</sup> place - Gordon

and again congratulations to the Wentworthville PS Athletics House

Champions, Paterson!



8 Years - Alize, Aadhav, Xavier, Jaelle, Anita, Cinthya

9 Years - Udit, Gokul, Ishaan, Sidharth, Frank, Miri, Kriti, Varshini, Rupika

**10 Years** - Nesston, Ali, Ashwin, Michael, Anuruddh, Zahra, Dhimahi, Gurleen, Samya, Jiah, Krishika

**11 Years** - Abdullah, Girindran, Isaac, Nisam, Yash, Krish, Jai, Saravjot, Vaidehi, Devashri, Selin, Tanvika, Dhikshitha, Rameen.

12 Years - Lakshmi, Ansh, Jay, Aiden, Divy, Jocelyn, Shiloh, Athou, Ashika, Zahra





#### Education Week 2018

Today's schools - creating tomorrow's world

#### What would a classroom of the future look like?

The following speeches by students from years 2-6 were presented at the Education Week assembly on 8/8/18.



It would have more computers and laptops in classrooms, elevators for easy transportation up and down, comfortable furniture like beanbags, cushions, sofas, whiteboard walls, tables and cupboards, robots for cleaning and helping. It would have voice controlled devices, dividing classrooms into different areas for individual and group work, a kitchen area for kids to cook and a garden area so we can learn how plants grow. Varshini 3C

I see the future of the school classroom will look similar to a NASA space station. All students have a computer with the latest technology. We will each have goggle sets that will take us on virtual reality tours helping us to see the world

and even feel like we are there. **Ansh 5/6G** 



Future classrooms would be a happy place with lots of new computing technology for learning" – **Dhruve 2S** 





I think the future will have more technology and devices in all classrooms. **Chaitanya Rattan 2G** 

## 8th August 2018



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As today's children are tomorrow's future it is important to guide them in the proper way. School is the place where children learn many things like discipline, caring sharing and good manners. Teachers play a major role to make this happen by guiding the students in the right way. So today's school creates tomorrow's future by bringing good citizens to our society.

#### Samanvi 2R











# News from the P&C President

## Open Day

A special thank you to all the families who purchased sausage sandwiches on Open Day, what an amazing day it was. Thank you to the volunteers who assisted with the BBQ – Thushy -Treasurer, Mathu – Vice President, Shanti – Vice President and the parent helpers – Tara, Bob, Vani, Archana, Catherine, Saranya. Without your help the BBQ would not have been possible. So a huge thank you to each of you.





#### For your diaries:

**Friday 31<sup>st</sup> of August** sees the P&C putting on a Father's Day Breakfast and holding our Father's Day Stall for students to purchase gifts watch out for the posters and notes during Term 3.

### Colour-Thon, Walkathon

**Thursday 27<sup>th</sup> September** – Colour-Thon, Walkathon Week 5 will see the commencement of Colour-Thon, Walkathon starting with sponsorships from family and friends. Being sprayed with coloured cornflour is optional. The P&C are selling a limited number of white school polo shirts for \$5 each for students to wear on the day of the fun run, so it will be a first come first served basis. In the event that your child does wish to be sprayed with the coloured cornflour but misses out on the school Polo shirt send them to school with a plain white T-shirt to wear during the event.

If your child does not wish to be sprayed with the coloured cornflour please send them to school with a coloured shirt of their choice.

There are awesome prizes to be won for raising money from this event, so the more money the students raise the more choices they have as to what their prize will be.

Our **next meeting** is on **Wednesday 5<sup>th</sup> of September at 6.00pm** in the School Staff Room, please come along and find out more about what your P&C does for your school.

Kind regards,

Leanne Keighley President Wentworthville Public School P&C















## In the line by Five to Nine

Congratulations to the following students who received a prize for being in the line by 5 to 9



#### Week 3 Term 3

Kindergarten: Sahibjot Singh KN

Year 1: Ishi Joshi 1G

Year 2: Levin Bhattachan 2R

Year 3: Waimirirangi Eade 3/4G

Year 4: Kanvi Pathak 4R

Year 5: Lucas Danh 3-6B

Year 6 Jay Jadeja 5/6WS

#### Week 4 Term 3

Kindergarten: Sahibjot Singh KN

Year 1: Jonathon Katta 1B

Year 2: Tanishka Sugumar 2G

Year 3: Riley Grant 3/4G

Year 4: Isabella Robinson 4B

Year 5: Seam Luo 5/6N

Year 6 Ansh Ganne 5/6G



#### Week 4 and Week 5 Term 3

Name	Class	Name	Class
Jason	KM	Misheeta	1W
Gurtaj	KK	Mahesh	1W
Tanisha	KM	Hridai	1KS
Ella	KL	Gurrehmat	2/3H
Neah	KM	Ajan	1B
Monisha	KN	Levin	2R
Baanushan	KN	Anisha	2S
Hasit	KK	Samanvi	2R
Aarushi	2S	Ansh	2S
Vyaas	2S	Aarush	2R
Roniesha	2S	Jai	1W
Shadan	K-2G	Taine	1W
Reda	K-2G	Dev	1KS $G_{reat}$
Sharveya	K-2G	Brandon	1M
Rutvi	1G	Ashvik	1M
Hrehaan	2S	Sania	2S
Tanay	1M	Ravish	2S
Sharvya	1KS	Dhruve	2S
Sia	2R	Aadrinanda	1KS
Hadi	K-2C	Arnav	1W
Cayden	K-2C	Gauri	2R
Alexis	K-2G	Syeda	2R
Vidhi	2G	***	***



# News from the Library

#### **Library Monitors Excursion**

Our fabulous Library Monitors attended The Children's Book
Council of Australia - Book of the Year Awards on Friday 17<sup>th</sup>
August at the NSW Teachers Federation Auditorium. Ansh Ganne
presented a book review about the awesome book 'The Elephant.'
This event was streamed live. Watch Ansh present his review from

This <u>event was streamed live</u>. Watch Ansh present his review from 1:00:30.









## **Book Week 18<sup>th</sup> - 24<sup>th</sup> August 2018 Theme:** *Find Your Treasure*

Lots of great things are happening at Wentworthville Public School during Book Week 2018.

#### **Book Character Parade**



On Tuesday 21st August we celebrated Book Week with a Book Character parade. Children dressed up as their favourite book character and classes took turns to parade their costumes, including the teachers!

A group of students from Garfield Preschool joined us for the parade.

See some photos further on in the newsletter showing the wonderful costumes.

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All students will participate in Book Week activities during library lessons.

During Term 3 the students will be reading, reviewing, and judging a wide range of literature from the Children's Book Council of Australia (CBCA) Shortlisted books. The students will participate in a range of literacy activities. Finding their treasure in books!

Some of the favourite shortlisted books include:



Click here to find out the 2018 CBCA winning authors and illustrators.

CBCA NSW website has a great feature called <u>Kids' Corner</u> where they share literacy activities and reviews on great literature.

Have a look at Ms Hall's Book Week Symbaloo 2018.

Garfield Preschool students will visit the school library on Tuesday 28<sup>th</sup> August from 1:50pm for a special library lesson with KN.

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#### **Premier's Reading Challenge**

The students have been working on this great reading challenge over the year. Students who have already finished the challenge have autographed a mini book and are on our wall of fame. The challenge closes on 31<sup>st</sup> August 2018.



For more information visit the Premier's Reading Challenge website.

The PRC website has been redeveloped and updated ready for next year. The format is much better. Click on the image below to view the new site:



The NSW Arts Unit has made some excellent <u>videos</u> from famous authors and illustrators on the PRC reading list, including Jay Kristoff, Katrina Nannestad, Patrick Ness, Chris Riddell, Shaun Tan, Jess Townsend, Deborah Abela, Aaron Blabey, Lauren Child, Kate DiCamillo, Mem Fox, Jackie French, Morris Gleitzman, Jacqueline Harvey, Leigh Hobbs, Belinda Murrell, Garth Nix and more.

#### **World Book Online**

Our school subscribes to a great online website called World Book Online. This is a great safe resource for children to explore and research topics they are learning about or interested in. Happy exploring!



The log in details are:

www.worldbookonline.com

**Username:** wenty **Password:** wenty

Happy reading!

Melinda Hall Teacher Librarian























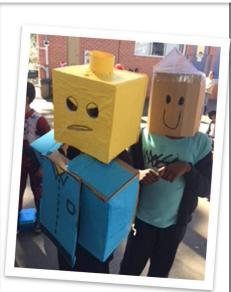












Term		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
Three	MONDAY					SUN
	20 August	21 August	22 August	23 August	24 August	25
5	Book Week ->	Book Week->	Book Week ->	Book Week ->	Book Week ->	26
	SEAL Program (wk 3) Year 2 and KN	Book Character Parade (Session 2) Garfield Child Care Visit	Robotics Incursion – Stage 3 (session 2)		PSSA Winter	Aug
	Peer Support Session	Xenontech	Newsletter	Holroyd beginning Teacher Network Mtg	SEAL Program (wk 5) Kinder	
	27August	28 August	29 August	30 August	31 August	1
6	SEAL Program (wk 4) Year 2 and KN Peer Support Session	2pm Garfield Pre School Library visit	3.30pm SLSO Network Mtg		Men of Wenty P&C – Father's Day Breakfast Wenty P&C –Father's Day Stall and Raffle PSSA Winter	2 Sep
	3 September	4 September	5 September	6 September	7 September	8
	SEAL Program (wk 5) Year 2 and KN	Wenty P&C —Father's Day Raffle Draw @ Morning Assembly	Choir at Silver Circle performing 10.30-1pm Premier's Spelling Bee – Regional Final	Stage 2 Camp — Narrabeen  Zone Athletics @ Blacktown International Sports Park Athletics	Stage 2 Camp —  Narrabeen  PSSA Winter	9 Sep
7	Peer Support Session	Celebrating The Arts @ Riverside Theatre	Athletics Carnival Special Education – Sydney Olympic Park 9.30am Newsletter	SEAL Program (wk 1) Year 1		
		Burramatta AECG Meeting (Library) TBC	Parent Workshop — Cyber safety —presented by Police Youth Liaison Officer for our school			
		Xenantech	(Parents only) in Library 4.30-5.30pm P&C Meeting 6pm			

	10 September	11 September	12 September	13 September	14 September	15
8	SEAL Program (wk 6) Year 2 only Peer Support Session			SRC Event Stage 3 Camp –Canberra SEAL Program (wk 2) Year 1 School Tour 2pm	Stage 3 Camp -Canberra  No PSSA	16 Sep
	17 September	18 September	19 September	20 September	21 September	22
9				SEAL Program (wk 3) Year 1	PSSA -Summer Starts  SRC Event –School Disco	23 Sep
	Peer Support Session	Xenontech	Newsletter	HAL Network Mtg		
	24 September	25 September	26 September	27 September	28 September	29
10	Peer Support Games Session		10am NAP students (Yrs 1-6) Excursion to Woolies  8-8.55am Cool Kids Parent recital	SEAL Program (wk 4) Year 1  WPS Colour Fun Run / Walkathon – P&C Run	Last day Term 3 PSSA -Summer	30 Sep
	1 October	2 October	3 October	4 October	5 October	6
Hols	Labour Day					7 Oct
	8 October	9 October	10 October	11 October	12 October	13
Hols						14
						Oct

#### SEAL Program Term 4 for Year One continues

- October 18 SEAL Program (wk 5) Year 1
  - SEAL Program (wk 6) Year 1





FATHER'S
DAY
BREAKFAST
2018

Time: 7.30am

Dads, Grandads and male friends of
Wentworthville PS please come and join us for
Father's Day Breakfast on
Friday 31 August 2018
at 7.30am under the
COLA.

- P&C will on the BBQ for egg rolls and bacon & egg rolls
- We will have Idli and fruit
- Tea and coffee





Hope to see you there gentlemen!

## PCYC Parramatta October Holiday Camps 2018 Week 1

10 days of fun Activities

#### Boxing/Taekwondo

Mon 1/10

- · Program runs from 9am 4pm
- . \$28 per child

#### Brazilian Jiu Jitsu/Multi Sport

Tue 2/10

- Program runs from 9am 4pm
- \$28 per child

#### Bollywood/Kick Boxing/ Arts and Ctaft

Wed 3/10

- Program starts from 9am 4pm
- \$28 per child

#### Cricket/Table Tennis/Cooking Class

**Thurs 4/10** 

- Program starts from 9am 4pm
- \$28 per child

#### Soccer World Cup/ Dodgeball

Fri 5/10

- Program starts from 9am 4pm
- \$28 per child

#### Bookings Required: parramatta@pcycnsw.org.au

- Children to bring water bottle, Morning tea, Lunch & Afternoon Tea
- Programs starts from 9am to 4pm
- \$28 per child
- · PCYC Membership required. \$10 for Juniors



Call 02 9635 8242 to register or Email us on Parramatta@pcycnsw.org.au Junior PCYC Club membership costs \$10





Find us on Facebook & Instagram: PCYC Parramatta

## PCYC Parramatta October Holiday Camps 2018

Week 2

10 days of fun Activities

#### Boxing/Taekwondo

Mon 8/10

- Program runs from 9am 4pm
- \$28 per child

#### Brazilian Jiu Jitsu/Cricket

Tue 9/10

- Program runs from 9am 4pm
- \$28 per child

#### Bollywood/Kicking Boxing/Arts and Craft

Wed 10/10

- Program runs from 9am 4pm
- \$28 per child

#### Kids Fitness/Table Tennis/Cooking

Thurs 11/10

- Program starts from 9am 4pm
- \$28 per child
- Dress up as your Favorite SUPERHERO

#### Touch Footy/Soccer World Cup

Fri 12/10

- Program starts from 9am 4pm
- \$28 per child

#### Bookings Required: parramatta@pcycnsw.org.au

- Children to bring water bottle Morning tea, Lunch & Afternoon Tea
- · Programs starts from 9am to 4pm
- \$28 per child
- PCYC Membership required. \$10 for Juniors



Call 02 9635 8242 to register or Email us on Parramatta@pcycnsw.org.au Junior PCYC Club membership costs \$10





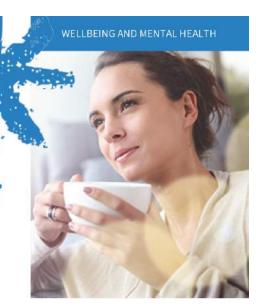
Find us on Facebook & Instagram: PCYC Parra

parenting \*ideas

## insights

## How do you show up for your kids?

by Dr Jodi Richardson



Every now and again a meme pops up on social media from a mum who delights in sharing the joys of her trip to the shops alone. No kids. Just her and her handbag. The caption always reads something along the lines of 'You know you're a mum when going to Target alone feels like a holiday'. I always chuckle when I see those, because I can relate. A lot of us can. And not just the mums.

Parenting is incredibly fulfilling and the most important 'job' any of us will ever do, but it can also be demanding, frustrating and exhausting.

I can't tell you the number of times I've arrived home only to be bombarded with requests, questions, stories of what I missed – or all three – before I've even taken my key out of the door. I'm not joking. I tried to implement some sort of buffer for myself so I didn't feel so stretched within the first minute of getting home but it never worked. They'd always be so happy to see me and it didn't seem fair to not be immediately available, despite the fact that it was quite overwhelming. It's not as though I was ever gone that long either. I wasn't even working. I'd only ever been to the supermarket, or Target, lol.

I always found the contrast of time alone and all of the quiet that comes with that, and the – is chaos too harsh? – of walking in the door really difficult to manage, especially because the kids always had stuff absolutely everywhere by the time I got back. I knew they'd always had heaps of fun because the family room always resembled a toy shop. There was never any "Let's put things away as we're finished with them" on Dad's watch!

Whether our kids are little and jump on us the minute they see us or they're that bit older and don't necessarily even come to the door when we get home, it's worth taking time to think about how we want to show up when we see them. It never occurred to me all those years ago that I could better prepare myself for the homecoming. Not once. Sometimes we were just taking each day moment by moment. What I know now is that if we use the time between leaving one place and arriving at another, it can make an astounding difference to how we feel, and to what we bring to our family at the same time.

#### The Third Space

Dr Adam Fraser calls it the 'Third Space'. It's the space between two places or spaces such as between work and home, between being home alone and the kids arriving home after school, or even between going to the supermarket and home. Tuning into the Third Space is also a brilliant practice to incorporate into a work day, say between your desk and a meeting, or a meeting and an interview.

In the Third Space, we can do three things to ensure we show up the way we want to, every time: reflect, rest and

### parenting \*ideas

reset.

**Reflection** is time spent looking back over the day and contemplating what you've achieved and what went well. It could be that you accomplished something you're proud of, or ticked off a few things on your list. It could be something big or small you reflect upon. It really doesn't matter, it's just about reflecting on a handful of good things about your day.

**Rest** is downtime. You can spend it how you like! You might have a long commute and decide to rest by listening to music, watching a movie, reading the paper or a book. Your rest time might be brief on some days and longer on others. It doesn't matter what you do or for how long, it's just about doing something that recharges your batteries and helps you feel relaxed.



**Reset** is all about how you're going to show up. How do you want to feel and act when you walk through the door to your home?

When Dr Fraser taught people to use the Third Space model as part of a research project, he measured a huge 41 per cent improvement in behaviours in the home, inevitably having a wonderful impact on relationships and the family as a whole.

In a recent presentation I heard Dr Fraser deliver, he told a story of a dad whose kids would make themselves scarce whenever they heard him come home. He was always like a tornado ripping through the house and they didn't want anything to do with him. When he found out, he was understandably devastated. He made a change and put the Third Space model into practice and turned things around.

It's so easy to let the events of the day affect our time with our family, but they don't have to. Our relationships with our kids and our partners play an important role in our kids' development, happiness and mental health. Let's do what we can to show up for them as our best possible selves. They deserve it, and we do too.



#### Dr Jodi Richardson

Jodi is a happiness and wellbeing speaker and writer, and is mum to two primary school aged kids who light her up. For more great ideas on flourishing mental health for the whole family, subscribe to her newsletter at drjodirichardson.com.au and say hello on facebook.com/DrJodiRichardson. Enquiries to jodi@drjodirichardson.com.au